
Re: My Team

Posted by Aaron - 2006/11/29 00:35

I wouldn't call us super quick, though our PG is our heart and soul and he is very quick. He just goes balls out every second he is on the court (and because of that was defensive MVP in our district last year). We do have some big guys that come off the bench, but our starting post isn't that tall (he is strong though).

Tonight the varsity lost by 9. Hamlin had a 6'5 leaper that dominated the game until he fouled out in the 4th quarter and we started coming back. We missed too many free throws down the stretch to pull any closer, which is OK for now because it was the first game. Our 1-3-1 defense looked good for the first time.

My JV won by 3 points. We were down at halftime, and I pulled out...you guessed it, the old 1-2-2 full court press and we took it them in the third quarter and took the lead. We missed a lot of shots, and had some bad passes, but again, I think it was more first game rust than something to be worried about. This JV is better after one game than my JV was at the end of the year last year. I actually have a few basketball players, and not just football players in shorts.

Now we host a JV tournament, and for some reason, we draw Eula in the first round. Eula is a very good team, and they don't play football. All they do there is crank out long distance shooters in hoops and distance runners in track and CC. They are a machine. We will need to make the game ugly and knock down some shots to keep up with them. The varsity is going to a tournament in Ballinger, so I may not get to see them play this weekend if our games fall close together and I can't make it back in time.

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Re: My Team

Posted by Aaron - 2006/12/01 22:13

We won in the first round of our tournament by 7. We beat a team that has been practicing since the first day of school...we have had two practices. Our guys just played balls out and with confidence and did what they had to.

They had a guy who could shoot lights out, so in the second half I switched defenses every trip. A 2-3 zone that cheated to the shooter, a box and one, and half court man. When we went man, we showed 2-3 and jumped to it. I only went to the 1-2-2 once as a suprise (I felt if I ran it any more, we would be toast, they have been practicing since August, they can run their press break in their sleep), and the one time it got a steal, a bucket and a foul. Have I ever mentioned I love that press?

We play Roscoe in the second round tomorrow and then either have a third place or first place game against Ballinger or Jim Ned.

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Re: My Team

Posted by scrappy - 2006/12/01 22:27

I really like to hear the coaching strategy of this stuff. It is amazing how changing up things can really affect how a team plays.....especially a high school team.

Keep the updates coming.....but I want the strategy behind it as well.

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Re: My Team

Posted by CMJ - 2006/12/01 23:40

Great moves Coach!

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Re: My Team

Posted by Aaron - 2006/12/02 20:06

We played Roscoe in the second round and won by 4. We came from down 6 early and took a 9 point lead in the 4th, and held on to win. This advanced us to the championship game, where we played Ballinger. All I can say about that game is that we lost, and it was over quickly. Ballinger was quick and could shoot. All five on the court could shoot. You don't see that out of a JV team very often in small school West Texas.

Not much strategy to discuss for today. The Roscoe game was a grind-it-out, they ran a 1-3-1 halfcourt defense and we just went what most people call "domino" and got it into the middle. He was getting their middle guy in foul trouble, so they started to deny him and then we started hitting the bottom guys going backdoor. Not rocket science, just what you have to do against a 1-3-1. Luckily, we made our shots and made them pay (Ballinger ran a 1-3-1 as well, but we couldn't hit a thing when we got a look).

We play again (both JV and VAR) Tuesday against Hamlin again. I will have one of my starters back that was out of town this weekend. Then we have a week off, and when we play again, I will have my best guard back from grades, and the varsity will have their best scorer back that a week from today in the Albany tourney.

2nd place in the tournament wasn't bad at all for only having two practices and having two starters out. Hopefully we can continue to improve.

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